

# Pastry Ingredients

***All Grand Central Pastries and desserts are baked from scratch using real butter and natural fruits and flavorings. There are absolutely no artificial sweeteners, flavorings or preservatives***

## **Breakfast Pastries**

**Croissant-** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant yeast, sea salt, ascorbic acid, egg wash.

*Contains: Wheat, Milk, Eggs*

**Almond Croissant-** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant yeast, sea salt, ascorbic acid, egg wash, almond meal, almond extract (alcohol, oil of bitter almond, water), vanilla, cage-free liquid eggs, almonds, cornstarch, powdered sugar (sugar, cornstarch)

*Contains: Wheat, Milk, Nuts, Eggs*

**Chocolate Croissant-** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant yeast, sea salt, ascorbic acid, egg wash, Valhrona chocolate batons (sugar, cocoa paste, cocoa butter, soy lecithin, vanilla), powdered sugar (sugar, cornstarch)

*Contains: Wheat, Soy, Milk, Eggs*

**Latte Dunkers:** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant yeast, sea salt, ascorbic acid, honey (pure wildflower honey) corn syrup (light corn syrup, salt, vanilla), brown sugar, vanilla

*Contains: Milk, Wheat*

**Ham and Cheese Croissant:** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant

yeast, sea salt, ascorbic acid, Pure Country Pork Ham, sharp white cheddar, Whole grain mustard (mustard seeds and husks, white wine, vinegar, salt, sugar, spices)

*Contains: Milk, Wheat, Pork*

**Everything Croissant:** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant yeast, sea salt, ascorbic acid, sharp white cheddar, garlic, sesame, poppy, pumpkin, sunflower, and flax seeds, black pepper, sea salt

*Contains: Milk, Wheat*

**Quiche:** Shepherd's low gluten flour, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, sea salt, water, lemon juice, cage-free liquid egg, heavy cream, canola-olive oil, cheese (mix of swiss, cheddar, havarti, provolone).

Pure Country Pork Ham

Seasonal vegetable quiche also available.

*Contains: Wheat, Milk, Eggs*

**Monkey Muffins (Seattle- Sticky Buns):** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, whole milk, Larsen's Cremerie Classique unsalted butter, granulated cane white sugar, fresh and dry instant yeast, sea salt, ascorbic acid, honey (pure wildflower honey) corn syrup (light corn syrup, salt, vanilla), brown sugar, vanilla, pecan pieces

*Contains: Wheat, Milk, Nuts*

**Maple Danish:** Whole Milk, fresh and dry instant yeast, cage-free liquid eggs, sea salt, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), ascorbic acid, pecans

*Contains: Wheat, Milk, Nuts, Eggs*

**Maple Glaze:** Powdered sugar (sugar, cornstarch), maple syrup, whole milk, maple extract (natural maple flavor)

**Cheese Danish:** Whole Milk, fresh and dry instant yeast, cage-free liquid eggs, sea salt, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine

mononitrate, riboflavin, folic acid), ascorbic acid, sour cream (cultured cream, milk, nonfat dry milk, modified cornstarch, sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum), cream cheese (pasteurized milk and cream, cheese culture, salt, stabilizers: xanthan and/ or carob bean and/ or guar gums), lemon zest (granulated lemon zest), brown sugar, oats, Oregon Growers apricot jam (Oregon apricots, pure cane sugar, pectin, citric acid), powdered sugar (sugar, cornstarch), cream, vanilla

*Contains: Wheat, Milk, Eggs*

**Seasonal Berry Danish:** Whole Milk, fresh and dry instant yeast, cage-free liquid eggs, sea salt, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), ascorbic acid, blueberries, sugar, cornstarch, lemon zest, Oregon Growers apricot jam (Oregon apricots, pure cane sugar, pectin, citric acid), fresh blackberries, powdered sugar (sugar, cornstarch), cream, vanilla

*Contains: Wheat, Milk, Eggs*

**Seasonal Peach Danish:** Whole Milk, fresh and dry instant yeast, cage-free liquid eggs, sea salt, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), ascorbic acid, peaches, sugar, cornstarch, honey, lemon juice, Oregon Growers apricot jam (Oregon apricots, pure cane sugar, pectin, citric acid)

*Contains: Wheat, Milk, Eggs*

**Seasonal Apple Danish:** Whole Milk, fresh and dry instant yeast, cage-free liquid eggs, sea salt, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), ascorbic acid, apples, butter, brown cane sugar, granulated white cane sugar, cornstarch, lemon juice, cinnamon, nutmeg, vanilla extract, Oregon Growers apricot jam (Oregon Apricots, pure cane sugar, pectin, citric acid)

*Contains: Wheat, Milk, Egg*

**Seasonal Rhubarb Danish:** Whole Milk, fresh and dry instant yeast, cage-free liquid eggs, sea salt, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, Shepherd's Grain unbleached white flour, ascorbic acid, rhubarb, sugar, cornstarch, Oregon Growers apricot jam (Oregon Apricots, pure cane sugar, pectin, citric acid), heavy cream, powdered sugar, vanilla

*Contains: Wheat, Milk, Eggs*

**Jammer-** Shepherd's Grain low gluten unbleached white flour, unsalted butter, granulated cane white sugar, salt, baking soda, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), Oregon Growers fruit jam\*, buttermilk (cultured low fat milk, salt).

Contains: Wheat, Milk

**Jams:**

**Raspberry-** Raspberries, pure cane sugar, pectin, citric acid

**Marionberry-** Marionberries, pure cane sugar, pectin, citric acid

**Apricot-** Apricots, pure cane sugar, pectin, citric acid

**Scone:** Shepherd's Grain low gluten flour, unsalted butter, granulated cane white sugar, sea salt, cinnamon, cage-free liquid eggs, baking powder, dried fruit, nuts, turbinado sugar, buttermilk (cultured low fat milk, salt).

*Contains: Wheat, Milk, Eggs, Nuts*

**Cinnamon Rolls:** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dry instant and fresh yeast, eight-grain cereal (cracked wheat, steel cut oats, rye meal, yellow polenta, rolled barley, millet, rice bran, wheat germ, flaxseed, sunflower seeds, rolled wheat, rolled rye), whole wheat flour, natural unsulfured molasses, granulated cane white sugar, brown cane sugar, Larsen's Cremerie Classique unsalted butter, canola oil, currants, cinnamon, sea salt, ascorbic acid

*Contains: Wheat, Milk*

**Brioche Cinnamon Rolls:** Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), dry instant and fresh yeast, granulated cane white sugar, Larsen's Cremerie Classique unsalted butter, whole milk, liquid cage free eggs, sea salt, ascorbic acid, cream, vanilla, powdered sugar

*Contains: Wheat, Milk, Eggs*

**Blueberry Muffin:** Shepherd's low gluten flour, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), salt, granulated cane white sugar, sour cream (cultured cream, milk, nonfat dry milk, modified cornstarch, sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum), unsalted butter, cage-free liquid eggs, vanilla, blueberries.

*Contains: Wheat, Milk, Eggs*

**Donut Muffin:** Unsalted butter, granulated white cane sugar, cage-free liquid egg, Shepherd's Grain unbleached white flour, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), baking soda, sea salt, nutmeg, whole milk, buttermilk, vanilla, cinnamon

*Contains: Wheat, Milk, Eggs*

**Bread Pudding:** Flour, salt, yeast, whole milk, cream, cage-free liquid eggs, granulated cane white sugar, cinnamon, vanilla, powdered sugar (sugar, cornstarch).

\*Please note that the bread for the bread pudding can be any bread we sell at Grand Central with the exception of Rye and Olive\*

*Contains: Wheat, Milk, Eggs*

**Twice Baked Challah-Seattle:** Challah, orange juice, granulated white cane sugar, almond meal, almond extract (alcohol, oil of bitter almond, water), vanilla, cage-free liquid eggs, almonds, cornstarch, powdered sugar (sugar, cornstarch), unsalted butter

*Contains: Wheat, Milk, Eggs*

**Coffeecake:** Shepherd's low gluten flour, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), salt, granulated white cane sugar, sour cream (cultured cream, milk, nonfat dry milk, modified cornstarch, sodium phosphate, guar gum, carrageenan, calcium sulfate, locust bean gum), unsalted butter, cage-free liquid eggs, vanilla, seasonal fruit, cinnamon, brown sugar, oats.

*Contains: Wheat, Milk, Eggs*

**Biscuit-** Shepherd's Grain low gluten unbleached white flour, unsalted butter, granulated cane white sugar, salt, baking soda, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), buttermilk (cultured low fat milk, salt), cream.

*Contains: Wheat, Milk*

## Tarts

**Tarts:** GCB pie dough +Seasonal Filling

*Contains: Wheat, Eggs*

Seasonal Fillings:

**Apple:** Local apples, unsalted butter, granulated sugar, brown sugar, cornstarch, lemon juice, cinnamon, nutmeg, vanilla extract

*Contains: Milk*

**Apricot:** Local apricots, granulated sugar, local wildflower honey, cornstarch, lemon juice, vanilla extract

**Cherry:** Tart cherries, granulated sugar, cornstarch, lemon juice, vanilla extract

**Cranberry Pear:** Cranberries, local pears, dried cranberries, orange juice concentrate, water, granulated sugar, cornstarch, cinnamon, nutmeg, vanilla extract

**Frangipane Tart:** Unsalted butter, granulated Zulka sugar, eggs, vanilla extract, almond meal, unbleached white flour, cornstarch, sea salt, seasonal fruit

*Contains: Milk*

**Marionberry:** Local marionberries, granulated sugar, cornstarch, lemon zest

**Nectarine:** Local nectarines, granulated sugar, local wildflower honey, cornstarch, lemon juice, vanilla extract

**Peach:** Local peaches, granulated sugar, local wildflower honey, cornstarch, lemon juice, vanilla extract

**Strawberry Rhubarb:** rhubarb, strawberries, granulated sugar, cornstarch, salt, nutmeg, lemon juice

**Rhubarb:** rhubarb, granulated sugar, cornstarch, sea salt, vanilla

**Sweet Potato:** garnet yams, unsalted butter, brown sugar, granulated sugar, local wildflower honey, salt, heavy cream, pecans

*Contains: Milk, Nuts*

**Apricot Raspberry:** Apricots, raspberries, granulated cane sugar, honey, cornstarch, lemon juice, vanilla extract.

## Cookies

**Triple Chocolate:** Unsweetened chocolate (chocolate liquor), Cordillera semisweet chocolate chips (sugar, cocoa liquor, anhydrous dextrose, cocoa butter, soy lecithin, vanilla), unsalted butter, espresso, vanilla, cage-free liquid eggs, granulated white cane sugar, Bob's Red Mill 1 to 1 Baking Flour- (Sweet white rice flour, whole grain brown rice flour, potato starch, whole grain sorghum flour, tapioca flour, xanthan gum), baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), salt, milk chocolate chips (sugar, whole milk powder, cocoa butter, chocolate liquor, chocolate liquor processed with alkali, anhydrous dextrose, butteroil (milk), soy lecithin (added as an emulsifier) salt, vanilla extract.

*Contains: Wheat, Milk, Soy, Eggs*

**Peanut Butter:** Larsen's Cremerie Classique unsalted butter, granulated cane sugar, brown cane sugar, natural peanut butter (peanuts), vanilla, cage-free liquid eggs, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) , baking soda, sea salt.

*Contains: Wheat, Milk, Nuts, Eggs*

**Ginger Molasses:** Larsen's Cremerie Classique unsalted butter, granulated white cane sugar, cage-free liquid eggs, all natural unsulfured molasses, white distilled vinegar, Shepherd's grain low gluten flour, baking soda, ginger powder, cinnamon, clove, sea salt.

*Contains: Wheat, Milk, Eggs*

**Oatmeal Raisin Cookie:** Larsen's Cremerie Classique unsalted butter, granulated white cane sugar, brown cane sugar, cage-free liquid eggs, vanilla, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking soda, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), sea salt, oats, Thompson raisins.

*Contains: Wheat, Milk, Eggs*

**Oatmeal Chocolate Chip:** Larsen's Cremerie Classique unsalted butter, granulated white cane sugar, brown cane sugar, cage-free liquid eggs, vanilla, Shepherd's Grain unbleached white flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), baking soda, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), sea salt, oats, 10 Degree semisweet chocolate chips (sugar, cocoa liquor, anhydrous dextrose, cocoa butter, soy lecithin, vanilla), milk chocolate chips (sugar, whole milk powder, cocoa butter, chocolate liquor, chocolate liquor processed with alkali, anhydrous dextrose, butteroil (milk), soya lecithin (added as an emulsifier), salt, vanilla extract).

*Contains: Wheat, Milk, Soy, Eggs*

**Chocolate Chip Cookie:** Cremerie Classique unsalted butter, brown cane sugar, Granulated cane sugar, cage-free eggs, vanilla, shepherd's grain flour, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), baking soda, salt, semi-sweet chocolate chips

*Contains: Wheat, Milk, Soy, Eggs*

## **Pastry Specials:**

**Brownie:** Cremerie Classique butter, 65% Cordillera chocolate, unsweetened chocolate, granulated cane sugar, brown cane sugar, cage free eggs, vanilla extract, Camas Country Mill Purple Karma Barley flour, sea salt, semisweet Cordillera chocolate chips

Contains: wheat, milk, egg

**Lemon Poppy Seed Muffin:** Larsen's butter, granulated cane sugar, lemon zest, cage free eggs, lemon oil, vanilla extract, Shepherd's Grain unbleached flour, Shepherd's Grain Semolina flour, baking powder, baking soda, sea salt, poppy seeds, Nancy's yogurt, lemon juice

Contains: wheat, milk, egg

**Coffee Almond Shortbread:** Cremerie Classique butter, granulated cane sugar, vanilla extract, Nossa Familia ground espresso, Shepherd's Grain low gluten flour, sea salt, almonds, semisweet chocolate chips

Contains: wheat, milk, nuts

**Confetti Shortbread:** Cremerie Classique butter, granulated cane sugar, Shepherd's Grain low gluten flour, sea salt, vanilla extract, non pariel sprinkles

Contains: wheat, milk

## **Easter/Passover Specials:**

**Decorated Vanilla Shortbread:** Cremerie Classique butter, Shepherd's Grain unbleached white flour, Zulka granulated sugar, sea salt, vanilla extract, powdered sugar, lemon juice, pasteurized egg whites, food coloring, sprinkles



*Contains: wheat, milk, eggs*

**Decorated Chocolate Shortbread:** Cremerie Classique butter, Shepherd's Grain unbleached white flour, Zulka granulated sugar, cocoa powder, sea salt, powdered sugar, pasteurized egg whites, lemon juice, food coloring, sprinkles

*Contains: wheat, milk, eggs*

**Coconut Snack Cake:** Unsalted butter, Zulka granulated sugar, Shepherd's Grain unbleached white flour, pasteurized eggs, whole milk, unsweetened dried coconut, sweetened dried coconut, baking powder, vanilla, sea salt, pasteurized egg whites, coconut puree

*Contains: wheat, milk, eggs*

**Coconut Macaroon:** Coconut puree, corn syrup, egg whites, vanilla, salt, unsweetened dried coconut, sweetened dried coconut

*Contains: eggs*

**Hot Cross Buns:** Unbleached white flour, milk, granulated sugar, unsalted butter, pasteurized eggs, dried yeast, dried currants, candied orange zest, sea salt, vanilla, powdered sugar, egg whites, lemon juice

*Contains: wheat, milk, eggs*

## **U-Bake**

**Grand Central All-Butter Pie Dough:** Shepherd's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), unsalted butter, water, white cane sugar, lemon juice, sea salt.

*Contains: Wheat*

**Whole Wheat Pizza Dough:** Shepherd's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, olive oil, flax seed, sea salt, barley malt, yeast, ascorbic acid.

*Contains: Wheat*

**Pizza Dough:** Shepherd's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), water, olive oil, barley malt, yeast, sea salt, ascorbic acid.

*Contains: Wheat*

**Chicken Pot Pie:** free-range organic chicken, yellow onions, celery, carrot, chicken stock, garlic, milk, Shepherd's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), canola and olive oils, unsalted butter, parsley, fresh thyme, sea salt, black pepper. Pie Dough: Shepherd's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), unsalted butter, water, white cane sugar, lemon juice, sea salt.

*Contains: Wheat, Milk*

**Classic Chocolate Chip Cookies:** Shepherd's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid) Larsen's Crémère Classique unsalted butter, brown cane sugar, granulated white cane sugar, cage-free liquid eggs, vanilla, shepherd's grain flour, baking powder (sodium acid pyrophosphate, sodium bicarbonate, cornstarch, monocalcium phosphate), baking soda, salt, semi-sweet chocolate chips.

*Contains: Wheat, Milk, Soy, Eggs*

**Classic Puff Pastry:** Shepard's Grain wheat flour (wheat flour, malted barley flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid), unsalted butter, water, lemon juice, white cane sugar, sea salt, barley malt.

*Contains: Wheat, Milk*