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**The Seattle Times**

Winner of a 2010 Pulitzer Prize

## Food & Wine



60°F

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## All You Can Eat

Seattle Times food writer Nancy Leson serves up the best info and tips on Northwest food, cooking, dining and restaurants.

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August 18, 2010 at 5:00 PM

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### Obama: "I'll have a turkey sandwich and a Jammer to-go"

Posted by [Nancy Leson](#)

There was no "royal taster" to make certain his food was not poisoned. But there was some confusion as to what -- if anything -- President Barack Obama would eat when he sat down with a group of small-business owners Tuesday at [Grand Central Bakery](#) in Pioneer Square.

Prepped for the occasion, co-owner Gillian Allen-White was told he'd likely order a [pastry](#) and some Earl Grey tea during their round-table discussion at Grand Central's flagship cafe. "I said, 'Is he going to eat it?' I was picturing him with croissant flakes on his suit! They said he usually nibbles, but he won't finish it, and we were told *not* to be offended."

Instead, His Royal Slenderness went whole hog with half a turkey sandwich and a spinach salad, and ordered a jam-filled biscuit for the road. While it's no secret that Secret Service agents were on hand to keep a close eye on the proceedings, the food-prep "was all in real-time," insists Allen-White, who sat at the president's elbow as he ate during their [lunch-time chat](#).



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